

# The Friends of Kadzinuni

Hon. Patron Joanna Lumley OBE

Registered Charity No. 1098881

56 Ashley Road

Keyworth

Nottingham

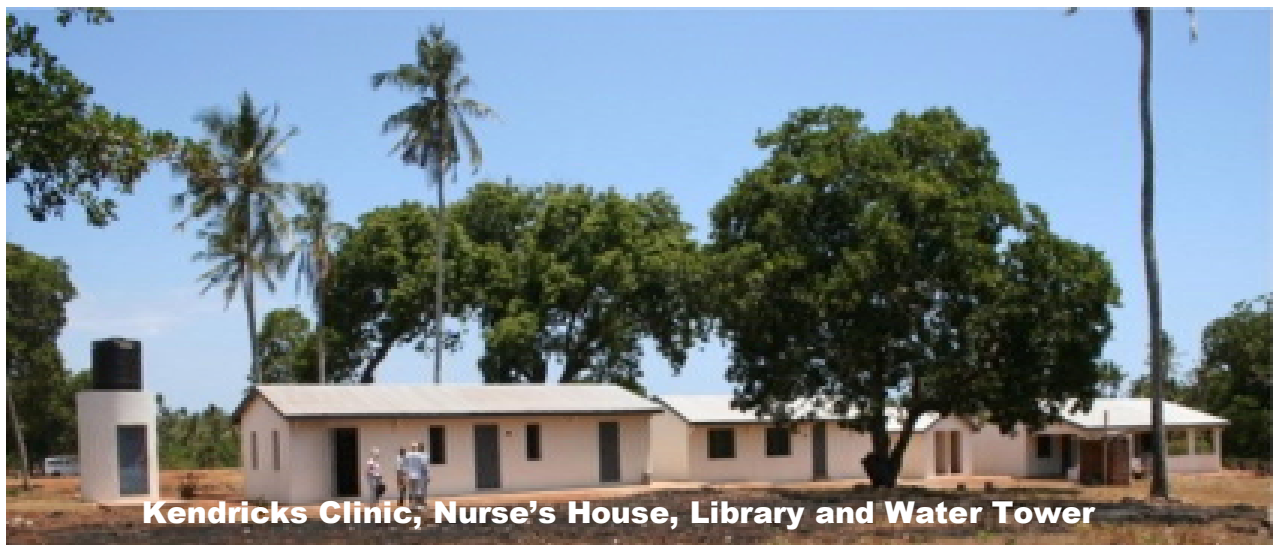
## Spring Newsletter 2006

### 800 Appointments a month!

That is the challenge we face once we get the clinic up and running at Kadzinuni. The buildings are complete; the fitting out is under way and our business plan for long term funding is being prepared. On Sunday February 19<sup>th</sup> the buildings were dedicated and at ceremonies attended by important local guests we took a step closer to realising the vision of bringing decent primary healthcare to the 10,000 or so people who live in the Kadzinuni area. The centre pages cover the ceremony in more detail, but the key moment was when District Officer Moses Ivuto, the most senior Kenyan civil servant for the coastal region of Kikambala, announced that the local authorities will provide the nurse, cleaner and many other resources that will enable the clinic to run smoothly. You can read about how we are responding to the challenge in the headline on page 2 as part of our newly formed 5-year strategy.

#### Also in this issue

- Our five year strategy
- News bits
- Meet the Kadzinuni teachers
- Clinic Dedication and update
- "Sponsor a Student" launched
- Women's Group update
- New Sports Kit
- Robin Hood Marathon
- Fund raising update



**Kendricks Clinic, Nurse's House, Library and Water Tower**

## Our five-year strategy

The Trustees have set out a medium term strategy taking us through to 2011. The purpose is to set high-level goals and recognise the potential constraints under which we operate.

Following the objects in our constitution, the focus is in two key areas, Healthcare and Education for the 10,000 or so people living in the immediate area served by the primary school and Kendrick's Clinic.

### Purposes of the Strategy Statement

- To create a clearer vision of what we are trying to achieve.
- To allow easier recognition of the milestones we reach.
- To inform our partners working at Kadzinuni.
- To support various applications for funds or other support.

### Strategy Statement

The Friends of Kadzinuni is seeking to enable the people of Kadzinuni greater control over their own lives by creating a positive and enthusiastic atmosphere in the community through providing facilities, infrastructure and support for improving education, primary healthcare and health education.

### Goal 1

**The clinic to be self-sufficient, from significant capital investment by the Friends of Kadzinuni, from March 2011.**

### Goal 2

**To establish a Secondary Education support scheme running until at least December 2013, by which time we hope that the local community economy will have reached a level of development that there are significant numbers of locally funded students attending National and Provincial Secondary schools.**

The Friends of Kadzinuni now believes that momentum is such that the initial investments have been effective but that real success lies in achieving self-sufficiency on a sustainable basis. We do not feel that it is right for a long-term culture of dependency to exist, and it is this that has framed our medium term strategy. This does not mean that there is any time limit to our commitment to the community of Kadzinuni, as we see particularly for the clinic the need for sourcing of long term funding for some costs.

For a full copy of our Strategy Statement with the supporting details please request a copy from us at [friends@kadzinunui.org.uk](mailto:friends@kadzinunui.org.uk)

## News bits.....

Throughout the last 3 or 4 months there has been a steady stream of events and help coming in from new Friends of Kadzinuni. Here are some of the highlights.

### Experian staff power up Kadzinuni

On December 8<sup>th</sup> in at the Christmas Party Co. giant marquee we were lucky to be selected to be the beneficiary charity for the Experian staff Christmas party. Nearly 1,000 people attended and we assembled a team of raffle ticket sellers (The Experian Sports and Social Club provided the prizes). [The result was an amazing £1,805 raised!](#) This is enough to pay for the solar power installation on the clinic buildings at Kadzinuni. Thanks to our team on the night and to Ann-Marie Shillito and Nicole Watts of Experian who nominated us.



#### Our Dec 8<sup>th</sup> Team

Back row, left to right Joanna McGarva, Dawn Swain, Larrie Scott, Nic, Elaine and Daisy Seller, Front row, Beth and Naomi Sealey

One of our youngest supporters this winter was [Rachel Forsythe](#) of Keyworth who sold some of her toys to raise some money for us. We used it to buy some books for the Community Library.

### Nottingham Trent University students

Nic was invited to give a lecture on Kadzinuni to the Child Development course students and following on from that a group of the students chose to run a fund raising event for the friends. A quiz night held at The Salutation pub in Keyworth on March 9<sup>th</sup>. A full report will be in the next edition.

### St Mary's Church Radcliffe on Trent

A donation was received from the Monday House group, so it looks like Nic will have another speaking engagement soon.

### MAKEPOVERTYHISTORY banner



# The Kadzinuni teaching team



Kadzinuni has a total of only 14 staff for over 900 children.

Our local Secondary School in Keyworth has 1050 students and a total staff of nearly 100 people!

These Kadzinuni teachers are real heroes, being enthusiastic and hard working. School lessons start at 7.30am and do not end until after 45pm.

Just like teachers here in the UK at Kadzinuni they enjoy a mid morning tea (or in Kiswahili, chai) break. A big difference however is that in mid February they can take it outside in shirtsleeves! It was about 35 degrees centigrade. Whilst like UK primary teachers most cover the whole range of subjects, we asked each one to tell us what they most enjoyed teaching.

From left to right starting with the back row,  
 Head teacher Jonathon  
 Mwangori Mbura, Kiswahili  
 Rackard Mzungu, Mathematics  
 Dennis Tsuma, Science  
 Ziro E. Mwamure, English  
 Mrs Mundu, English  
 Mrs Mwangori, Nursery Teacher  
 Mr Sirya, Science

Front row.  
 Wilson Sanga, Civics  
 Mwarimu Mwatsuma, Mathematics and PE  
 James Nzai, Mathematics  
 Beatrice Tunje, English  
 M. P. Mwasambu, Social Studies

Currently at Kadzinuni there are 855 students on the school roll, plus a large nursery class. The school is looking good, with a very tidy compound and walkways now marked out with white painted stones. On our private visit on Monday 20<sup>th</sup> February we enjoyed sitting in on lessons and we should have some video clips of the visit up on the website in a couple of weeks or so.

The education system in Kenya is known locally as the 8-4-4 system, the table that follows shows the 8 years of Primary, progressing to 4 years of Secondary and then onto Higher Education for 4 years or more. (Read the table from bottom to top.)

Age	Year	Stage	Level
27	21	Doctorate	
26	20		
25	19		
24	18	Post	Higher
23	17	Graduate	Education
22	16	4	
21	15	3	
20	14	2	
19	13	1	
18	12	4	
17	11	3	Secondary
16	10	2	
15	9	1	Education
14	8	8	
13	7	7	
12	6	6	
11	5	5	
10	4	4	Primary
9	3	3	
8	2	2	Education
7	1	1	
6		Not	
5		Compulsory	Nursery

# February 19<sup>th</sup> 2006

The day we had dreamed about just 3 years ago arrived and we were able to dedicate the completed buildings at Kadzinuni.

A huge crowd of over 1,000 students and local people assembled with a large group of honoured guests, notably The District Officer, the highest-ranking Civil Servant for the Kikambala coastal district Mr Moses Ivuto. His presence and his public commitment to the project is a milestone on the road to success for us. After a short tour of the buildings where various red ribbons were cut and dedications announced we took our places to hear a number speeches of thanks and other presentations. It was fantastic to see the numbers of organisations that are now collaborating to make Kadzinuni a better place to live.

## Guest List

District Officer Kikambala, **Moses Ivuto**  
Governor of Rotary International District 9200  
**Mr Abdulhamid Aboo**  
President, Rotary Club of Bahari Mombasa  
**Carolyne Njoroge**  
Chairman, Kendricks Clinic Committee  
**Timothy Nzai**  
Local Friends of Kadzinuni representative and RCC member  
**Mr Alex Mwarome Munga**  
Chairman, Kadzinuni Rotary Community Corps  
Kilifi Area Chief and Assistant Chiefs  
Members of Kadzinuni RCC  
Members of Inua Nyamba Women's Group  
PR Manager, Real Vipingo Estates Ltd  
Head teacher Kadzinuni Primary School  
Members of Rotary Club of Bahari Mombasa  
President, Rotary Club of North Coast Mombasa  
Rotaract and Interact members  
Inner Wheel of Mombasa members  
Members of Bomani RCC  
Members of Takaungu RCC

Nic and Elaine Seller dedicated the Clinic, to Nic's Dad, Kendrick.; Carolyne Njoroge dedicated the Library to Fr Trevor Sisson; Abdulhamid Aboo dedicated the Nurse's House to the members of Inner Wheel and Rotarian of Bahari Mombasa and Alex Mwarome Munga dedicated the Water Tower to the Lady Golfers of Stanton-on-the-Wolds, Nottinghamshire UK.

The engraved plaques, with build names in Kiswahili, were placed on the buildings, large wooden signs, hand carved by the disabled workers of the Bombolulu Cultural Centre in Mombasa will also be placed on the buildings soon. Over the next 3-4 months we are pursuing the most effective way to get the clinic up and running. Following a successful meeting at the British High Commission (BHC) in Nairobi later in the week it appears that a significant grant may be available to help with the fitting out costs and perhaps security fencing for the school/clinic compound. The British High Commissioner, Mr Adam Wood wrote to us inviting us to meet his staff to discuss the project saying "I am impressed with the way that Kendricks has been constructed, and in particular by the commitment of the local community". So we wait with some optimism the result of our application in April/May.

We have now set out a full list of the furniture and equipment required, so that after our BHC grant decision we will move on to complete the fitting of the solar power units in advance of the Kenyan Government supplied staff, nurse, cleaner and watchman as per the promise made by the District Officer. Once these actions have been taken Kendricks will be ready to open to the 10,000 or so people in the area.

A business plan is being prepared to provide support for our applications for funding, as we want the clinic to run on a subsidised basis. The local people will pay a fee that they can afford for a consultation and course of basic medication but this will not cover the full cost of the medication so we have to plan for financial sustainability. You can find out more about this in our Strategy Statement.

## Some special thanks

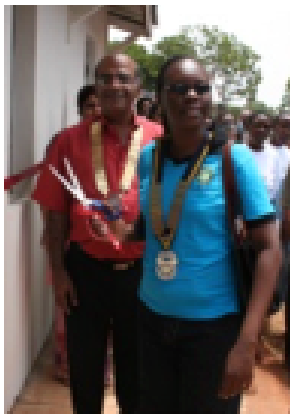
At this point it is essential that mention is made of two men and a lady who have really been our agents on the ground in Kenya for 5 years now. They are immense supporters of Kadzinuni and friends of the highest order. They are Daniel Gikonyo, Dr Varinder Singh Sur and his wife Chhani. The debt we and the people of Kadzinuni owe them is enormous, it our pleasure to recognise this publicly. Added to them our fellow trustees in the UK, Ian Walker, a sound and committed advisor, Larry Bush, who has recently moved to Newcastle on Tyne to work for Traidcraft, Chris Conway, Head teacher of Crossdale Primary School who has been with us from day one in late 1998 and our eldest daughter Daisy, who will be visiting Kadzinuni in June this year to report back on progress as she also did in June 2004. Thanks to you all, from Nic and Elaine.



# Trevor's Library (Maktaba Ya Trevor)

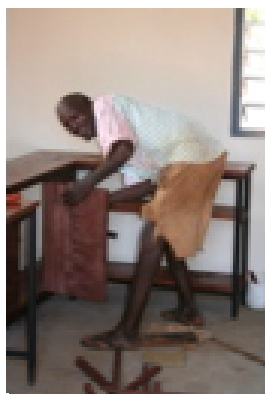
When we arrived in Mombasa on Wednesday the 15<sup>th</sup> February, that night we passed onto Daniel a box containing some 800 bookplates, with the names and dedications for all those who had generously supported the appeal, and in particular funds donated in memory of the late Fr Trevor Sisson, founding trustee and great friend. As far as we knew no books had been bought and shelving for the library was yet to be ordered!

Shortly after Carolyne, President of the Rotary Club of Bahari Mombasa dedicated the library we were presented with a huge pile of books, over 600 in all, that one Rotary member and his family has spent the last 2 days sticking in the book plates. What a joyful surprise that was, completely unexpected



as we had only sent the funds for the books out 10 days earlier. Not only that but next day when we

visited the site again privately we discovered that the RCC watchman just happened to be a carpenter and he was busy building the bookshelves on which the books would be stored. This was a lovely surprise. In addition to this it was also announced that The Central Mombasa Rotary Club was donating 300



dictionaries to the library also. This topped off a wonderful day.

## Financial Summary

### Total raised since 2003

**£40,000**

### How we have used it

#### Clinic Buildings

**£27,000**

#### Library Books/Fittings

**£2,500**

#### Classroom Repairs

**£1,440**

#### Sport equipment

**£800**

### Planned expenditure

#### Secondary School Student Grants

**£7,000**

**Thanks to all our supporters!**



## Sponsor a Student Launch

The secondary purpose for our visit in late February was to progress the planning for our Secondary School Student Support Scheme, formerly known as "Adopt a Student", but now renamed "Sponsor a Student". On discussing things with members of the RCC and our Rotary partners it became apparent that after the Primary School results of 2005 a significant number of students had qualified for National or Provincial Secondary School and despite lack of funds had taken up their place just a couple of weeks before.



### 2006 Scheme

Given the excellent progress with the Clinic Project we carefully considered the situation and resolved that we would set up funding for 10 of these students, some selected unconditionally on academic achievement alone, but with the majority selected on the basis of ability to pay. We saw this opportunity to give our commitment a bright and powerful start and we have resolved to provide the funds for the 10 students for their four-year course by the end of 2006. This will amount to about £6,000 (£150 per student per year).

The students will go through our selection process run locally by members of the Rotary Club of Bahari Mombasa over the next few weeks and by sending the funds in advance for the full four year course, Rotary will gain interest at much higher rates than here in the UK that will allow us to also provide the students with small grants with which to pay for letters and school reports to be sent back to us here in the UK. This initial 2006 scheme will be the forerunner of the 2007 scheme that will see a number of UK based individuals start to sponsor individual students. We have decided to make the focus of our major fund raising event in 2006 the Experian Robin Hood Marathon, to raise this £6,000. You can read about the event elsewhere. We intend to have a significant presence at the event on September 10<sup>th</sup> and will be making the 2007 scheme our focus on the day.

### 2007 Scheme

Sponsors will be asked to commit to a regular monthly donation of £10 (if Gift Aided or £12.50 if not) for 48 months, or a single payment of £450 up front (if Gift Aided or £575 if not) to cover the fees for a student for 4 years. The upfront payments being slightly lower, as we will be able to secure some interest during the 4-year period. Irrespective of when the donations commence we will then send out the fees each year in advance of the academic year starting in January so that locally we can benefit from early payment terms where possible.

From 2007 we will be aiming to support an equal number of girls and boys, particularly as girls traditionally drop out of primary school early due to family pressures but are hugely successful if they have the chance to complete their education. We wish to encourage them to complete their Primary education and aspire to taking up a place at Secondary.

Over the next 5-8 years we aim to support at least 30 (many more if we can!) of the best students at Kadzinuni in this way. We can't guarantee how well they will do, but we want to open up opportunities that are currently out of reach.



For details email to [friends@kadzinuni.org.uk](mailto:friends@kadzinuni.org.uk) or ring Nic/Elaine on 0115 914 9535 (evenings) or mobile 07931323613 anytime.



## Women's Group Update

The Inua Nyumba (meaning Uplifting the Family) Women's group has been running for nearly 2 years and has already become a model group having been highly successful in participating in a Micro Finance project promoted and funded by our friends in the Inner Wheel Club of Mombasa. Ladies of the Inner Wheel Club and notably Mrs Chhani Sur have been inspirational in leading the Inua Nyumba ladies forward. The ladies have met and surpassed the original targets of the Micro Finance Scheme with a growing number of great new local enterprises up and running. The sheer joy and enthusiasm shown by the group whenever they meet is amazing, a real light shining at Kadzinuni.

On the 19<sup>th</sup> February we were delighted to dedicate the Nurse's house at Kadzinuni to the efforts of our Rotary and Inner Wheel partners who have done so much on the ground to bring success to our projects and indeed have brought in more and more local support as the months have passed.

The Inner Wheel were pleased to present to the Inua Nyumba group a new manual sewing machine to help with their enterprises and the handover was a scene of great and noisy celebration in traditional fashion.



**Mrs Memuna Aboo from Inner Wheel of Mombasa presents the new sewing machine.**

(I wish we could let you hear the sounds of the rejoicing at this point in the day!)

## More new sports kit



A couple of weeks before our visit we were pleased to send out some funds so that more sets of football and volleyball kit could be purchased for the Kadzinuni school teams. We feel that the lift this gives the students is well worth it. When they play against other schools they step out with pride.

## Ethical Gifts Scheme

Our Gift of Books scheme for Christmas 2005 was a big success. We are now planning continue the idea throughout 2006 as there are plenty more books needed. In addition we are looking to introduce one or two more items.

Mosquito Nets, treated with repellent should be available soon, particularly as through the RCC at the clinic we will be able to re-treat the nets. We will be looking to train the RCC members to do this so that the nets lifetime can be extended every 6 months. Other organisations supply the nets but we intend to ensure that it becomes a sustained project, not just one-off supply. We will be offering the donor the chance to buy 2 nets plus repeat treatments for at least 3 years for a £10 donation.

A further gift option which has yet to be costed is to help prevent the transmission of HIV/Aids from mother to baby. Initially 2 doses of antiretroviral drugs, one as labour commences for the mother, the other for the baby immediately after being born can easily break the chain of infection. The problem is that the baby must then receive formula milk NOT breast milk which can carry the infection. We are not looking to fund the drugs, but to fund supplies of formula that can be easily distributed via Kendricks Clinic. There will be more about this in future newsletters.

Kenya is making good progress with HIV/Aids, but that means infection rates are going up more slowly rather than reducing, so there is still much more to do.

Look out for more information soon, via the website at [www.kadzinuni.org.uk](http://www.kadzinuni.org.uk)

# Run for Kadzinuni – Sunday 10<sup>th</sup> Sept 2006

The Friends of Kadzinuni is seeking volunteers to run in the Experian Robin Marathon, Half marathon or Fun Run on 10<sup>th</sup> September 2006. To date we have 8 Full/Half Marathon volunteers but we are hoping for a team of 20 or more to raise several thousand pounds for Kadzinuni.

The team will be running to generate funds that will support students from the village of Kadzinuni, a poor rural community on the Kenya Coast, so that for the first time they will be able to attend Secondary School. Whilst students from Kadzinuni have previously qualified for places, they don't have the funds available to take their places up. You can help change this!



If you don't want to run but would like to help us you can make a donation or even come along on the day to help on our stand at the finish area on the Victoria Embankment in Nottingham. We'll publish more details about our team later in the year.

If you want to  
"Run for Kadzinuni"  
please contact  
Nic Seller, Secretary,  
The Friends of Kadzinuni,  
56 Ashley Road, Keyworth,  
Nottingham NG12 5FH,  
Tel. 07931 323613 (anytime)  
or email  
[friends@kadzinuni.org.uk](mailto:friends@kadzinuni.org.uk)

For more information about the Friends of Kadzinuni and the work it does at Kadzinuni see our website at  
[www.kadzinuni.org.uk](http://www.kadzinuni.org.uk)



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